

<p>Basic Care</p> <ul style="list-style-type: none"> •D/C acnegenic moisturizers/substances; •Use oil free makeup •D/C manual lesions manipulation •Avoid stress, astringents, scrubs •Shaving: shave area lightly, only once & follow grain of hair growth •Wash face: preferably once daily & no more than BID with... mild soap (e.g., Glycerin Bar, Petrophylic, Pears, Aveeno, Dove & Olay) and water or soapless cleanser (e.g., Cetaphil, Spectro Jel) •Avoid Soaps: such as Dial, Irish Spring, Ivory, & Zest that are more irritating, & associated with erythema, dryness, & itching¹ •Moisturizers – in dry seasons (e.g. Complex-15 Moisturizing Lotion) •Sunlight: evidence lacking²; may be helpful for some; however, long-term exposure ↑ risk of skin cancer. •Diet: chocolate=MYTH; individualize diet recommendations 	<p>Suggested Step-wise Approach for Initial Therapy^{3,4,5,6,7,8,9} {Step-down in treatment intensity for maintenance following remission}</p>		
	<p>Severe → Mild</p> <p>Isotretinoin Accutane, Clarix {Avoid topicals as ↑ drying effect & not tolerated}</p> <p>Systemic antibiotics ⊕ Topicals {Resistance concerns: systemic ABX "pulse therapy" for more severe/inflammatory acne}</p> <p>Women: Oral Contraceptives (COCs) ⊕ or Diane 35 ⊕ {Spironolactone ⊕ may be an alternative}; ± Topicals</p> <p>If papulopustular (inflammatory) +/- comedone: Add topical ABX to BP¹⁰ (may need lower BP strength to ↓ dryness); ± retinoid e.g. combo topical products (Benzamycin, Clindoxyl / BenzaClin) ± retinoid¹¹ OR Stievamycin. To maintain, may step down to retinoid.</p> <p>If comedonal (white-blackheads): Start topical retinoid {tretinoin 0.025-0.05% has cost advantage; adapalene less irritating}; may add BP.</p>		
	<p>Severity</p> <p>Description</p>	<p>MILD</p> <p>< 20 comedones (whitehead/blackhead), or <15 inflammatory papules, or a lesion count <30</p>	<p>MODERATE</p> <p>15-50 papules & pustules with comedone; cysts are rare; Total lesion count may range from 30-125</p>

GENERAL APPROACH for topical therapies: Oily skin → Use solution or gel; Dry skin → Use cream or lotions. **Potency of a given drug in various vehicles:** Solution > gel > cream / lotion. **Apply to affected areas, not just lesions!!!**

Context: affects 85% of those age 12-24; duration varies ~4+ yrs. **Concerns include:** scarring, pain, self esteem, social life, suicide. **Contributing factors:** hormonal, mechanical, contact, environmental, emotions, drugs. **Family hx** predictive of acne severity/duration.

Acne - TOPICALS^{12,13,14} www.RxFiles.ca

	Generic/TRADE g=generic avail. -Strength/forms, Pregnancy Category ¹⁵	Side effects (SE)/ Contraindications C	Response Time Allow at least 8 wks!	√ = therapeutic use / ⊗ = Disadvantage / Comments / Drug Interactions DI / Monitor M	USUAL DOSE	\$ per pkg
Antibacterial, Keratolytic	<p>Benzoyl Peroxide = BP (≤ 5% OTC)</p> <p>H2O-based: Solugel™ 4%, 8% gel; Benzac™ AC or W 5%^x, 10% gel; Desquam X 10%^x gel; Panoxyl Aquagel™ 2.5%, 5% gel</p> <p>Proactiv soln 2.5%^x (System: cleanser, toner, lotion, SSS)</p> <p>Alcohol-based: Benzagel 5%^x, 10% gel; Panoxyl 5%^x, 10%, 15%, 20%^x gel</p> <p>Acetone-based: Acetoxyl™ 2.5, 5, 10% gel</p> <p>Lotion: Oxy 5%^x 2.5%; Benoxyl 5%^x, 10%^x; Benzagel 5™. Select list above - see references for a more complete list</p> <p>Less Useful: Soap: Panoxyl 5%^x, 10%^x; Wash: Benzac W 5%^x, 10%; Benzagel 5%^x; Desquam X 5%^x, 10%^x; Panoxyl</p>	<p>Common: contact dermatitis^{50%}, dryness^{8%} & peeling^{20%} appear after a few days; erythema^{14%}; burning^{1%}; & pruritus^{2%}; may bleach hair/clothes; odor on clothing & bed sheets.</p> <p>{Temporary reduction in application may help.}</p> <p>Irritation: ↑ conc. = ↑ irritation</p> <p>H₂O-based < alcohol=acetone-based</p> <p>Serious: Allergic reactions & contact sensitization dermatitis^{1-2%}</p>	<p>8-12 weeks for noted improvement;</p> <p>2-4 weeks: clinical worsening may occur before improvement</p>	<p>√ 1st line medication for mild-moderate acne vulgaris as monotherapy; low cost</p> <p>√ In combination with other agents for mod-severe acne; helps prevent ABX resistance!</p> <p>√ Benzac AC gel for sensitive/dry skin & Benzac W (Water) for oily/normal skin.</p> <p>⊗ BP >5% no more efficacious than 2.5-5% & more irritation (but covered on some drug plans)</p> <p>⊗ Washes & Soaps least effective → little residual contact time</p> <p>DI: ↑ skin irritation or drying effect – concomitant topical medication, medicated abrasive soaps & cleansers, soaps & cosmetics with strong drying effect; products with high concentrations of alcohol, astringents, spices or lime; isotretinoin</p> <p>BP's oxidizing action degrades antibiotics or retinoids; space admin times!</p> <p>{Or use premixed combination products such as Clindoxyl, BenzaClin, Benzamycin}</p> <p>To reduce irritation initially apply q2-3days then ↑ frequency as tolerated or apply for 2 hrs for 4 nights, 4hrs for 4 nights, & then leave on all night if tolerated.</p>	<p>Apply to entire affected area QHS or BID</p> <p>2.5% or 5%; H2O based generally better tolerated {if 2.5% ineffective, then ↑ to 5%.}</p> <p>OTC: 2.5, 4, & 5% Rx: 8, 10, 15, 20%</p>	<p>OTC: 10-15</p> <p>Rx: 15-25</p> <p>18^{bar}</p>
Retinoid	<p>TRETINOIN = TRE</p> <p>Retin-A 0.01% crm, 0.025% crm, 0.05% crm, 0.1%^m crm, 0.01% gel, 0.025% gel, Stieva-A 0.01% crm, 0.025% gel, 0.05% crm, 0.05% crm, 0.1%^m forte crm, 0.01% gel, 0.025% gel, 0.05% gel, 0.025% soln; Vitamin A Acid 0.01% crm, 0.025% crm, 0.05% crm, 0.1%^m crm, 0.01% gel, 0.025% gel, 0.05% gel. {0.025-0.05% useful/tolerated}</p> <p>{Pregnancy: Motherisk deems fairly safe}</p> <p>ADAPALENE = ADA</p> <p>Differin 0.1% crm & gel (XP 0.3% gel^x)</p> <p>TAZAROTENE = TAZ</p> <p>Tazorac 0.05 & 0.1% crm, gel</p>	<p>Common: erythema, dryness, burning, photosensitization (less with adapalene)</p> <p>Irritation: TAZ > TRE* > ADA *(except Retin-A Micro)</p> <p>{TAZ often reserved for tough skin areas, or a desire for strong therapy despite irritation}</p> <p>Serious: rare true contact allergy</p> <p>C eczema; pregnancy; sunburn may be less with adapalene -may wish to stop for 1 week before a sunny vacation</p>	<p>~12 weeks for max response; {continue till no new lesions}</p> <p>2-4 weeks: clinical worsening may occur</p>	<p>√ 1st line medication for mild-moderate comedonal (blackheads/whiteheads) acne</p> <p>√ Tretinoin 0.025-0.05% has cost advantage; Adapalene 0.1% has less irritation advantage</p> <p>After successful course, consider step-down to less frequent (q2-3 night) maintenance tx</p> <p>⊗ Use sunscreen SPF 15-30 esp. for TRE & TAZ {Retisol A: SPF-15⁺ tretinoin 0.01%, 0.025%, 0.05%, 0.1% \$40/45g or \$9^x}</p> <p>DI: ↑ skin irritation or drying effect – concomitant topical medication, medicated abrasive soaps & cleansers, soaps & cosmetics with strong drying effect; products with high concentrations of alcohol, astringents, spices or lime; isotretinoin</p> <p>√ ↓ noninflammatory & inflammatory lesions counts by 38-71%¹⁶</p> <p>Retin-A Micro™ 0.04% gel, 0.1% gel \$35 emollient, less penetrating/irritation (may be useful near eyes?; anti-aging?)</p> <p>Renova™ 0.05% crm indicated for fine wrinkles, mottled hyperpigmentation & roughness of skin (not acne)</p>	<p>QHS</p> <p>Apply 30-45 min after wash; start low conc. ^{TRE 0.025%}, apply q2-3 nights initially to ↓ SE.</p> <p>•May give ADA in AM less photosensitivity</p> <p>•TAZ may be effective with <5 min contact, thus reducing irritation</p>	<p>TRE: 16^{25g}, 21^{20g} Micro</p> <p>ADA: 40^{45g}</p> <p>TAZ: 54^{30g}</p>
Antibiotic	<p>Clindamycin = CLI; Topical Soln</p> <p>Dalacin T, g 10mg/ml; Clindets 1%^x; CLI 1% Cream & SPF-15 Clindasol™^x</p> <p>Erythromycin = ERY</p> <p>Erysol™^x 2% gel contains SPF-15 sunscreen</p>	<p>Common: less irritating than BP & TRE, erythema, peeling, itching, dryness & burning¹⁷</p> <p>Serious: PMC rare</p> <p>C CLI – previous colitis, regional enteritis, ulcerative colitis, PMC</p>	<p>8-12 weeks for noted improvement</p>	<p>√ Most effective for inflammatory lesions. Stop when/if no further inflammation.</p> <p>Use in combination with BP to prevent bacterial resistance !!!^{18,19,20}</p> <p>√ Most effective when used in combination with BP or topical retinoids^{21,22,23,24}</p> <p>{CLI may be preferred over ERY for prolonged effect &/or less resistance} Expert Opinion</p>	<p>Dalacin T: BID</p> <p>Clindets: BID</p> <p>ERY: OD-BID</p>	<p>24^{60ml}</p> <p>48^{60s} Clindets</p> <p>26^{25g}</p>
Combination	<p>Benzamycin™ = BP 5%/ERY 3% gel *</p> <p>BenzaClin™, Clindoxyl™ = BP 5%/CLI 1% gel *</p> <p>Stievamycin™ gel = TRE+ERY</p> <p>Mild TRE 0.01%/ERY 4%</p> <p>Regular TRE 0.025%/ERY 4%</p> <p>Forte TRE 0.05%/ERY 4%</p>	<p>As for individual ingredients above.</p> <p>{for Neomedrol corticosteroid; burning sensation, itching, irritation, dryness, folliculitis, acneiform eruptions, hypopigmentation; rare true contact allergy}</p> <p>{BP/CLI combination no better than BP alone for non-inflammatory acne ^{McKeage}}</p>	<p>2-4 weeks for noted improvement;</p> <p>8-10 weeks for optimal results</p>	<p>√ BP combined with ERY or CLI has not shown resistance¹⁷ Similar or ↑ efficacy.^{18,25}</p> <p>•Refrigerate Benzamycin (3 month expiry); Clindoxyl at room temp (4 mo. expiry)</p> <p>⊗ Combinations that are not generally recommended for long-term acne treatment: Neo-Medrol Acne Lotion™^x NEOSPORIN 0.25%/ METHYLPREDNISOLONE 0.25%, OD-BID; may exacerbate acne \$24^{75ml}</p> <p>Sulfacet-R Lotion™ = SS 10%/Sul 5%, BID-TID; acne: less efficacious; useful: acne rosacea \$33^{25g} (tinted preparation may be useful as camouflage)</p>	<p>Benzamycin: qHS-BID</p> <p>BenzaClin: qHS-BID</p> <p>Clindoxyl: qHS-BID</p> <p>Stievamycin: QHS</p>	<p>60^{46.6g}</p> <p>58^{50g}</p> <p>53^{45g}</p> <p>22^{25g}</p>
	<p>Salicylic Acid = SA™ 0.5, 1, 2 & 3.5% Oxy, Clearasil, Neutrogena, others → ⊗ Not commonly recommended (less potent than equal strength BP); option if retinoid intolerance e.g. skin irritation</p>				<p>OD or BID</p>	<p>10-15</p>

χ=Non-form Sk ⊕=Exception Drug Status ⊗=not covered by NIHB ▼=covered by NIHB Δ=change ABX=antibiotic crm=cream DI=drug interaction H₂O=water MET=methylprednisolone NEO=neomycin OTC= over-the-counter PMC= Pseudomembranous colitis SS=sodium sulfacetamide Sul=sulfur Rx=prescription ⊕Adjunctive BP ± Retinoids ± topical Antibiotics is beneficial ^**Benzac AC:** Acrylates Polymer =microscopic beads that absorb excess oil while releasing a small amount of glycerine to moisturize the skin. ***Practical Tip for Combo Tx:** Give BP/ABX at night (avoid BP staining of clothing during day); may follow with adapalene in AM (minimal sun concern). **Tea tree oil 5%:** 1 small trial showed efficacy but relatively slow onset.²⁶



Generic/TRADE g=generic avail. Strength/forms, pregnancy category ¹⁵	Side effects (SE)/ Contraindications C	Response time	√ = therapeutic use / ☒ = Disadvantage / Comments / Drug Interactions DI / Monitor M	INITIAL; USUAL DOSE	\$ 90 days
Oral Antibiotics					
√ Indicated for moderate-severe acne; acne on the chest, back, or shoulders; in pts with inflammatory disease in whom topical combinations have failed or are not tolerated; in moderate acne with tendency for scarring or substantial post-inflammatory hyperpigmentation. Lack of Response: may relate to resistance, especially with ERY; less with TET, DOX, MIN					
Tetracycline = TET , g 250mg cap D	Common: GI upset, vaginal candidiasis, photosensitivity (DOX>TET>MIN) ^{dose-dependent} MIN: hyperpigmentation of skin (rare bluish skin) & mucous membranes, lightheadedness, dizziness, vertigo, ataxia, drowsiness & fatigue GI upset: TET > DOX = MIN Serious: rare azotemia, pseudotumor cerebri (benign intracranial hypertension) MIN: rare lupus-like reaction, autoimmune hepatitis & hypersensitivity syndrome (some suggest avoid ²⁷) C Children < 9, severe renal or hepatic dysfunction; DOX: myasthenia gravis possible association with muscle weakness	Allow 8-12 weeks for optimal response.	√TET has a 50-60% rate of improvement in inflammatory lesions ²⁸ after 8 wks √DOX, MIN & TET: equally effective ^{53,29,30,31} . (MIN > antimicrobial effect) ³² √DOX: advantage of daily dosing without the severe SEs or cost of MIN. ☒ Absorption of TET is ↓ by food & dairy—take on empty stomach ☒ Use Sunscreen SPF 15-30 (photosensitivity less of a problem with doxycycline at 100mg/day) ☒ NO TCN before sleep b/c pills may lodge in the esophagus & cause ulceration ☒ DOX has cross resistance with TET, not MIN DI: ↓GI absorption: Fe ⁺⁺ , BIS, Al ⁺⁺ , Ca ⁺⁺ , Mg (separate dose by 2 hr); ↑INR: warfarin; ABX: may ↓ birth control pills effectiveness; isotretinoin (intracranial HTN/hemorrhage) M: MIN: consider LFTs & antinuclear factor baseline & q3-4 months	500mg bid initial; 250-500mg od ac if maintenance	34 ^{500bid} 21 ^{500/d} 15 ^{250/d}
Doxycycline = DOX , g Doxylin 100 mg cap, tab D				100mg od (ac best, but may take cc)	60
Minocycline ℞ = MIN , g Minocin 50 & 100mg cap D		"Pulse tx": Use po ABX 2-4 months & follow-up with topical ABX + BP.		100mg od initial, 50mg od if maintenance May give with food	118 ^{100d} 64 ^{50d}
Erythromycin = ERY , g Eryc, Erybid , others B 250, 333 & 500mg, others	Common: GI: N, V, D, vaginal candidiasis Serious: rare estolate-induced cholestatic jaundice C: ERY estolate – pre-existing liver disease	Shorter courses ↓ development of resistance	√67% ↓ of inflammatory lesion & 22% ↓ of noninflammatory lesions ³³ in 8 weeks ☒ Not first line ABX because of ↑ Resistance & GI effects DI: inhibits CYP1A2 & 3A4: ↑ levels of: carbamazepine, cyclosporine, theophylline & warfarin	500mg bid initial, 250-500mg od maintenance	84 ^{500bid} 45 ^{500/d} 26 ^{250/d}
Trimethoprim , g = TRI Proloprim 100 & 200mg tab C	Common: GI upset; rash ^{3%} usually self limiting Rare: hepatic/renal toxicity, agranulocytosis & TEN		√3 rd line agent; may be effective and useful when other antibiotics can not be used May worsen megaloblastic anemia due to folate deficiency	200 bid to 300mg bid	90 129
Anti-androgenic					
Combination Oral Contraceptives (COCs)					
Tri-Cyclen EE 35ug+ Norgestimate 0.18-0.215-0.25mg Allesse EE 20ug+Levo 0.1mg Diane 35/Cyestra-35 ▼ x { EE 35ug + cyproterone (CPA) 2mg } Yasmin EE30ug+drosiprone 3mg	**Refer to Oral Contraceptive RxFiles chart** (e.g. C : smoking, migraine with aura...) Common: Breakthrough bleeding, headache Serious: hepatotoxicity ^{cyproterone: rare} ; venous thromboembolism (3.4 / 10,000 woman-yr in 1st yr) DI: Diane 35 lacks indication in Canada for contraception although has this indication in other countries e.g. Australia.	3-6 months for optimal response. Acne may worsen early in cycle.	√For females with moderate to severe acne + seborrhoea ± hirsutism ± androgenic alopecia ± late onset acne ± requiring contraception (overall >50% improvement) √All COCs beneficial likely due to estrogen's effect on SHBG sex hormone binding globulin, resulting in an anti-androgen effect. ³⁴ Evidence for superiority of one progestin over another is conflicting. ³⁵ Yasmin as efficacious as Tri-cyclen ³⁶ & Diane 35 ³⁷ { Yaz EE 20ug+drosiprone 3mg: new in Canada & also has official acne indication } ☒ Relapses are common after discontinuation of treatment ³⁸ DI: Oral antibiotics may ↓ contraceptive efficacy {significance controversial}	OD x21 day, x7 days off / cycle Tri-cyclen or Allesse, Aviane Yasmin Cyestra 35 / Diane 35	60 60, 45 g 60 85 g / 100 ▼ x
Spirolactone , g Aldactone 25 & 100mg tabs C/D	Common: Menstrual irregularity, mild GI upset, headache, ↑ K+, gynecomastia, breast tenderness C Anuria, acute renal insufficiency, significant impairment of renal function, or hyperkalemia.	2-3 months for optimal response	√Used to treat late onset acne in adult women when other treatments have been ineffective, not tolerated or contraindicated M: Potassium (lytes): baseline & q1month	25-200mg daily Usual: 50mg od or 100mg po od	23 - 31
Retinoid					
Isotretinoin = ISO , g Accutane 1-888-762-4388 Clarus 1-877-776-7711 CNS, ears, eyes, heart 10 & 40mg caps, ☒ soybean/peanut oil ♀: **Test for pregnancy twice before (once at initial assessment & the other within 11 days prior to initiating), during (monthly) & 1 month after d/c 2 reliable contraception forms are recommended , unless abstinence is chosen method; Initiate after 2-3 days of next normal menstrual period Not a major issue for males/sperm Web: www.clarusclearprogram.com	Common: dryness of the mucous membranes [lips ^{93%} , mouth ^{33%} , eyes ^{35%} , nose ^{80%} ; nose bleeds 20%], peeling of fingertips ^{20%} , dry skin ^{80%} , itching ^{41%} , hair loss, thirst ^{30%} , rash/red face ^{34%} , headache ^{13%} , myalgia, back pain ^{5%} ; ↑chol ^{-20%} ↑ over baseline, ↑LDL ^{>15%} ↑ from baseline, ↑TG ^{>5.7} mmol/L in 25% pts, ↑pancreatitis, ↓HDL ^{-15%} from baseline. Drvness worse in 1 st 8 weeks; ⇒ treat with lip balm, temporary removal of contact lens; eye lubricants, Vaseline or nasal moisturizers e.g. Rhinaris/Secaris helpful Sun Sensitivity: caution ⇒ use sunscreen ^{SPF ≥15} Minor aches ⇒ treat with acetaminophen or NSAIDs (SE dose related; consider lower dose, slow titration) ^{39,13} Serious: abrupt ↓ night vision (D/C ISO); depression & suicide (controversial: no direct evidence but monitor) ⁴⁰ ; IBD C Hepatic/renal dysfx, hypervitaminosis A, ↑↑ lipids; peanut allergy DI: COCs, methotrexate, TCNs, Vitamin A	2-3 months for optimal response. Usually 3-4 months for complete suppression. Improvement persists after 1-2 months of stopping! {T1=2-10-20h}	√ Role: severe nodulocystic acne, acne associated with scarring, failure to respond to or inability to tolerate systemic antibiotics &/or hormonal therapy, significant psychological distress because of acne, acne fulminans, gram-negative folliculitis, or pyoderma faciale ⁴¹ {If severely inflamed acne, initial ↓dose can ↓initial flare!} Recommend in ≥12yrs √Remission rates as high as 70-89% ^{42,43,44} ; 55-80% long-term remission after 1 course √Most effective therapy for mod-severe inflammatory acne ⁴⁵ ↓sebum, comedone formation, P. acnes, inflam √Lesions localized on the face, upper arms & legs tend to clear more rapidly than trunk ⁴⁶ ☒ Initial acne flare up may occur during the 1 st 2 months of tx (in ~6% of patients) ⁴⁷ (if acne flare up is severe, D/C ISO & restart at 0.1mg/kg/d & slowly ↑ to 0.5mg/kg/d; or give prednisone 0.5-1mg/kg/d x 2-3 wks with a gradual taper) ☒ Relapse: wait ≥ 8wks after completion (usual 4-5 months before considering retreatment) •Delay follow-up topical retinoid for ~4months after stopping ISO; dry-sensitive skin persists! M: CBC, LFTs (transient ¹), LDL, Triglyceride: 0.1 & q3mon. Pregnancy tests**, mood (Link: FORM). Not generally recommended.	0.5mg/kg/d divided OD-BID CC x4wks then 1mg/kg/d x3-7 months ⁴⁸ (Max: 2mg/kg/d) -e.g. 60kg (40mg caps) 40mg od x 1 mo, then alternating 40mg on day 1 & 80mg on day 2 x4-5mon 60kg (10mg caps) 20mg bid x 1 mo, then 30mg bid x 4-5 months Lower-dose options ^{249,43,50,51} Not generally recommended.	Pk size: 30 tabs; Suggest limit to 1 month supply 510 / 5months 40mg caps 970 / 5months 10mg caps
Total optimal cumulative dose = 120-150 mg/kg/course: >150mg/kg/course no further benefit; <120mg/kg/course ↑ rates of posttreatment relapse (eg. 60kg = 7,200mg - 9,000mg per course, ~ 5 month therapy course). Avoid: other acne topicals due to dryness & Vitamin A supplements due to ↑ toxicity.					

⊗=Non-formulary SK ☒=Exception Drug Status SK ☒=not covered by NIHB ▼=covered by NIHB ♂ prior approval by NIHB ☒=soybean **ABX**=antibiotic **ac**=before meals **Al**=aluminum **BIS**=bismuth **Ca**=calcium **cc**=with food **chol**=cholesterol **D**=diarrhea **EE**=ethinyl estradiol **Fe**=iron **GI**=stomach **IBD**=Inflammatory bowel dx **K+**=potassium **Levo**=levonorgestrel **Mg**=magnesium **mon**=month **N**=nausea **temp**=temporary **SE**=side effect **TEN**=toxic epidermal necrolysis **TG**=triglyceride **TCNs**=tetracyclines **V**=vomiting **wt**=weight {Chemical peels glycolic & SA useful to correct scarring}
Other Meds: Clindamycin (oral) & Bactrim not commonly used → pseudomembranous colitis & TEN, respectively⁴⁷; **Azithromycin** 250mg 3x/wk is being used in acne, but studies are preliminary³²; **Prednisone** 2.5-7.5mg or **dexamethasone** 0.125-0.5mg qhs for congenital adrenal hyperplasia or temporary benefit in severe inflammatory acne; **Flutamide** 250-375mg/d for hirsute females x 1-6 months but potential hepatic toxicity & **Triamcinolone** 0.25-0.5mg injected into inflammatory cysts for acute cosmetic purposes.
Other Topical Meds: Dapsone gel marginally effective. **Sulfur & Resorcinol** less efficacious than above meds; **Azelaic Acid** not avail. in Canada. **Drug induced:** Anabolic steroids, androgens, COCs high in progestin, corticosteroids, corticotrophin ACTH, bromides, cetuximab, chlorides, coal tar topical, crystal meth, cyanocobalamin, cyclosporine, dantrolene, erlotinib, gabapentin, gefitinib, gold salts, halothane, iodides, lithium salts, panitumumab, Provera/Norplant⁵², phenobarbital, phenytoin, psoralens, quinidine, quinine.

Other acne drugs

<p>Salicylic Acid = SA^x Oxy, Clearasil, Neutrogena, others Gels, lotions, toners, cleansers, sticks, pads, washes & astringents 0.5, 1, 2 & 3.5%</p>	<p>Common: less irritating than BP, burning, stinging, pruritus & erythema Serious: rare systemic salicylate toxicity: nausea, vomiting, diarrhea, dizziness, loss of hearing, lethargy, psychic disturbances & hyperpnea ?protect from sun</p> <p>8-12 weeks for noted improvement</p>	<p>./Used with topical retinoids to treat mild comedonal acne or 2nd line monotherapy agent³ (also for seborrhea & psoriasis) ⊠Not commonly recommended (less potent than equal strength BP) D: ↑ skin irritation or drying effect: Abrasive or medicated soaps or cleansers; Acne preps (e.g., BP, Resorcinol, Sulfur, Tretinoin); alcohol-containing topicals (After-shave lotions, perfumed toiletries, cosmetics/soaps with a strong drying effect); Isotretinoin OD or BID, 3-6% is keratolytic, OTC: \$10-15</p>
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Benzoyl peroxide products: Adasept B.P. .5 acne gel; Clean & Clear Continuous Control = BP 5% lotion = WATER based; CLEAN & CLEAR PERSA-GEL = BP 5% gel = WATER BASED; OVERNIGHT ACNE CONTROL LOTION = BP 3% lotion = WATER based; CLEAR ACNE TREATMENT CREAM = BP 5% cream = WATER based; CLEAR PORE ON-THE SPOT ACNE TREATMENT, VANISHING = BP 2.5% lotion; CLEAR SKIN TREATMENT REPAIRING LOTION = BP 3.7% lotion; CLEAR ZONE ACNE SYSTEM SKIN PURIFYING MOISTURIZER = BP 3.5% lotion; CLEARASIL STAYCLEAR ACNE TREATMENT CREAM BP PLUS - VANISHING = BP 5% cream; CLEARZ - IT = BP 5% lotion; CLINIQUE ACNE SOLUTIONS CLEARING MOISTURIZER = BP 2.5% lotion; CLINIQUE ACNE SOLUTIONS EMERGENCY LOTION = BP 5% lotion; DERMACNE LOTION TREATMENT 5% = BP 5% lotion; DERMALOGICA SPECIAL CLEARING BOOSTER = BP 5% lotion; LIFE ACNE MEDICATION = BP 5% gel; MEDICATED ACNE GEL 5% = BP 5% gel; NATURE'S CURE ACNE TREATMENT = BP 5% cream; OBAGI CLENZIDERM ACNE GEL = BP 5% gel; OXY 5 COVER UP FORMULA = BP 5% cream; OXY 5 SENSITIVE SKIN VANISHING LOTION = BP 2.5% lotion; OXY 5 VANISHING FORMULA = BP 5% lotion; OXYDERM LOT 20% = BP 20% lotion - Schedule F; OXYDERM LOTION 10% = BP 10% lotion - Schedule F; OXYDERM LOTION 5% = BP 5% lotion; PURE PERFECTION CLASSIC REPLENISHING CLEANSER = BP 2.5% cream; PURE PERFECTION CLASSIC RENEWING CREME = BP 2.5% cream; RODAN & FIELDS/PROACTIV SOLUTION:RENEWING CLEANSER = BP 2.5% lotion; RODAN & FIELDS/PROACTIV SOLUTION:REPAIRING LOTION = BP 2.5% lotion; SPECTRO ACNECARE DEEP PORE VANISHING LOTION = BP 5% lotion; SPECTRO ACNECARE VANISHING LOTION FOR SENSITIVE SKIN = BP 2.5% lotion; CLEAR ZONE ACNE SYSTEM SKIN PURIFYING WASH = BP 3.5% liquid (WASH); PANOXYL CREAMY WASH 4% = BP 4% (WASH)

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Health Canada Sept/07 is advising consumers not to use BuXie PaiDu XiaoDou Su is used as an acne treatment and was found to contain the prescription drug rifampicin (rifampin).

iPLEDGE (The iPLEDGE program is a computer-based risk management program designed to further the public health goal to eliminate fetal exposure to isotretinoin through a special restricted distribution program approved by the FDA. The program strives to ensure that: No female patient starts isotretinoin therapy if pregnant & No female patient on isotretinoin therapy becomes pregnant. This enhanced program is a SINGLE pregnancy risk management program for prescribing and dispensing all isotretinoin products (brand and generic products). The iPLEDGE program requires registration of all wholesalers distributing isotretinoin, all healthcare professionals prescribing isotretinoin, all pharmacies dispensing isotretinoin, and all male and female patients prescribed isotretinoin. This program is designed to create a verifiable link between the negative pregnancy test and the dispensing of the isotretinoin prescription to the female patient of childbearing potential. The iPLEDGE program requires that all patients meet qualification criteria and monthly program requirements. Before the patient receives his/her isotretinoin prescription each month, the prescriber must counsel the patient and document in the iPLEDGE system that the patient has been counseled about the risks of isotretinoin. There are also additional qualification criteria and monthly requirements for female patients of childbearing potential. As part of the ongoing risk management of isotretinoin products, it is crucial that a female of childbearing potential selects and commits to use two forms of effective contraception simultaneously for one month before, during, and for one month after isotretinoin therapy. She must have 2 negative urine or blood (serum) pregnancy tests with a sensitivity of at least 25 mIU/ml before receiving the initial isotretinoin prescription. The first pregnancy test is a screening test and can be conducted in the prescriber's office. The second pregnancy test must be done in a CLIA-certified laboratory according to the package insert. Each month of therapy, the patient must have a negative result from a urine or blood (serum) pregnancy test conducted by a CLIA-certified laboratory prior to receiving each prescription. <https://www.ipledgeprogram.com/>

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Medical Letter Nov 20/06. Extended release minocycline od (Solodyn) for acne

Medical Letter Nov, 2008. Treatment Guidelines: Drugs for Acne, Rosacea and Psoriasis.

November 8, 2006 -- Medicis and Dow Pharmaceutical Sciences, Inc. announced that the U.S. Food and Drug Administration ("FDA") has approved Ziana(TM) (clindamycin phosphate 1.2% and tretinoin 0.025%) Gel. Ziana(TM) Gel is the first and only combination of clindamycin and tretinoin approved for once daily use for the topical treatment of acne vulgaris in patients 12 years or older.

November 8, 2006 -- QLT Inc. announced positive results of a Phase IV clinical trial of Aczone(TM) dapsone in more than 50 patients with G6PD deficiency that was performed to meet a post-approval commitment requested by the FDA. Mar/08 FDA removes G6PD screening & labeling requirements from the label. June 6/08 /CNW/ - QLT Inc. (NASDAQ: QLT; TSX: QLT) announced today that Health Canada has completed its review of QLT USA, Inc.'s labeling supplement (SNDS) for Aczone(R) and has removed the glucose-6-phosphate dehydrogenase (G6PD) screening and blood monitoring requirements.

Piette WW, Taylor S, Pariser D, Jarratt M, Sheth P, Wilson D. Hematologic safety of dapsone gel, 5%, for topical treatment of acne vulgaris. Arch Dermatol. 2008 Dec;144(12):1564-70. After treatment with dapsone gel, 5%, no clinical or laboratory evidence of drug-induced hemolytic anemia was noted in G6PD-deficient subjects with acne vulgaris.

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